

CURRICULUM VITAE

Mr.Assem " Mohamed Noureldin" Zein Seif

MBChB, MSc (Tr&Orth),MD(Tr&Orth)

Name: Assem Mohamed Nouredin Zein

Address: Egypt, Minia- 429 Adnan Al-Maleky street- Ard Sultan
Cleopatra ceramic building in front of Minia health insurance hospital

Birth date: 24/11/1976

Marital state: Married and has three offsprings (1y old female,7 ys old male
and 9 ys old male)

E-mail: zein_asem@yahoo.com
Assem.zein@mu.edu.eg

Home telephone: 0862090706

Mobile : 002 01004157997 - 00201003062251

Nationality: Egyptian

Qualifications and degrees

1-M.B., Ch.B. Faculty of medicine, Minia University, Egypt 2000-1994

2-M.Sc. Trauma and Orthopaedics , Minia University,Egypt 2004

Thesis titled "management of hand fractures metacarpals and phalanges"

3-MD .Trauma and Orthopaedics , Minia University Egypt 2012

Thesis titled "Management of anterior cruciate ligament deficient knees with varus deformity"

Summary of training:

1- House officer:

Minia university hospital from: 1/3/2001 To 28/2/2002

A) Basic surgical training (6 months):in general surgery(2 months), Obstetrics and gynecology (2 months),and Orthopedics (2 months) departments

B) Anaesthesia and intensive medical care (6 months): In the different departments.

2- Resident of orthopedics and traumatology

Minia university hospital from 25/3/2002 to 25/3/2005

3- Clinical fellow as an assistant lecturer of orthopedics and traumatology (equal to senior registrar), Minia university from 9/2006 to 12/ 2012

Memberships

Egyptian Orthopedics Association(EOA)

EGAA (Egyptian Arthroscopy Association)

Current job

I am currently employed as a lecturer in the orthopedic and trauma department, Minia university.

-Minia university hospital is a tertiary referral centre and one of the biggest teaching hospitals in upper Egypt

ARTHROSCOPY:-

We have a sports injury unit with 5 consultants, I am one of them. We perform so many cases of knee, shoulder and ankle arthroscopy.

TEACHING EXPERIENCE

Minia faculty of Medicine .

- Lectures and tutorials for the sixth year medical students, GP trainees and casualty officers .
- Participation in teaching the SHO's and pre-registration Orthopaedic trainees .
- Clinical and surgical supervision and training to the SHO residents and assistant lecturers .

Publications

1-Step_by_step arthroscopic assessment of the anterolateral ligament of the knee using anatomical landmarks. **The journal of arthroscopy and related surgery (Arthroscopy techniques)**, December 2015. doi.org/10.1016/j.eats.2015.08.002

2-Simple articular extension did not affect the excellent results of MIPO in treating distal tibia fractures after 5 years. **Eur Orthop Traumatol (2015) 6:381-386.DOI 10.1007/s12570-015-0320-4**

3-Simultaneous high tibial osteotomy and ACL reconstruction in varus angulated ACL deficient knees. **Minia faculty of medicine journal 2012.**

4-Combined anatomic reconstruction of the anterior cruciate and anterolateral ligaments using the hamstring graft through a single femoral tunnel and with a single femoral fixation. **The journal of arthroscopy and related surgery (Arthroscopy techniques)**, vol 6, No 3 (june).2017:pp e567-e577.

5-4-Combined Anatomic Anterior Cruciate Ligaments and Double Bundle Anterolateral Ligament Reconstruction. **The journal of arthroscopy and related surgery (Arthroscopy techniques)**, vol 6, No 4 (august).2017:pp e1229-e1238.

6-Autogenous Hamstring –Bone Graft Preparation for Anterior Cruciate Ligament Reconstruction. **The journal of arthroscopy and related surgery (Arthroscopy techniques)**, vol 6, No 4 (august).2017:pp e1253-e1262.

7-Arthroscopic Single –Tunnel Pullout Suture Fixation for Tibial Eminence Avulsion Fracture. **The journal of arthroscopy and related surgery (Arthroscopy techniques)**, vol 7, No 5 (May).2018:pp e443-e452

COURSES AND MEETINGS ATTENDED

- May 2002, Basic AO Course, Cairo, Egypt .
- *8-9/11/2007 Basic and advanced knee arthroscopy in LRC Cairo University
- *6-8/2/2008 Assiut knee & shoulder arthroscopy course, Assiut University
- *12-13/3/2009 Shoulder and knee joint disorders Ain shams university.
- *4-5/3/2009 Knee arthroscopy in Assiut, Assiut University
- *February 2010 Updates in knee disorders, Alexandria Egypt
- *17-9/2/2010 2nd international knee update conference Alexandria university
- *June 2011 shoulder from A to Z ,National training institute, Cairo, Egypt.
- *Annual Congress of (EOA) from 2002 till 2018
- *Annual Congress of skeletal deformity from 2002 till 2018 .
- *Annual meeting of Upper Egypt Orthopedic Society from 2002 till 2015
- *The international congress of the EGAA 2012, 2013 as attendant.
 - 2015 as a speaker "Surgical techniques to open a tight medial compartment of the knee in knee.
 - 2016 as a speaker "Step-by-step arthroscopic assessment of the anterolateral ligament of the knee using anatomic landmarks"
 - -2017 as a speaker "Combined anatomic reconstruction of the anterior cruciate and anterolateral ligaments using the hamstring graft through a single femoral tunnel and with a single femoral fixation. A talk in the 5th international conference of the EGAA&ESSKA, 2/2017.
 - -2018 as a speaker "Anterior Cruciate Ligament Reconstruction using Hybride Autogenous Hamstring and Iliotibial Band. A talk in the 5th international conference of the EGAA&ESSKA, 2/2018.
 -
- *Cadaveric course of shoulder arthroscopy and arthroplasty- Ain Shams university 2016

*Cadaveric course of shoulder arthroscopy held by the EGAA in the national training institute 2017.

Other activities

*I have a patent from the academy of scientific researches and technology in Egypt for a new medical instrument No: 23622 Egypt 2006